

This guide will help you talk to your child about how they can help the planet!

Street



Left

- ✘ **Harmful Action:** Drive a car
- ✔ **Eco-Friendly Action:** Ride a bicycle

Gas-powered cars burn gasoline, creating smoke that pollutes the air (this means it makes the air dirty). Bikes are better because they are powered by your own muscles, and don't pollute the air!

Middle

- ✘ **Harmful Action:** Litter
- ✔ **Eco-Friendly Action:** Put trash into the bin

When litter is left on the ground, rain and wind carry it into rivers, forests, and oceans. This hurts birds, fish, and other animals if they eat the trash or get tangled in it. Clean up your trash to keep them safe.

Right

- ✘ **Harmful Action:** Use a diesel bus
- ✔ **Eco-Friendly Action:** Use an electric bus

When buses burn diesel, it creates a gas called carbon dioxide. Too much carbon dioxide in the air is bad because it traps heat from the sun and warms up the planet, causing wildfires and floods. Electric buses are better because they use batteries, which can be charged by clean power from the wind or the sun.

Garden



Left

- ✘ **Harmful Action:** Pave an empty lot
- ✔ **Eco-Friendly Action:** Grow a garden

When rain falls on hot pavement, it heats up, and hot, dirty water runs off into nearby streams. In a garden, the plants filter and cool the water. Gardens also make the air clean; provide food and homes for insects and animals; and grow yummy vegetables for us.

Middle

- ✘ **Harmful Action:** Spill water from the hose
- ✔ **Eco-Friendly Action:** Collect water in a bucket

A water hose releases 17 gallons of water per minute. That's enough to take two showers! Instead of wasting that water, collect it to use in the garden.

Right

- ✘ **Harmful Action:** Custodian spraying pesticides
- ✔ **Eco-Friendly Action:** Custodian building a bird house

Pesticides kill pests like mosquitos or ticks - but they also kill helpful bees and birds, and make animals and humans sick. Instead, build a house to welcome birds or bats. They love to eat insects, so this is a natural, safe way to get rid of pests.

Cafeteria



Left

- ❌ **Harmful Action:** Throw food and trash into the recycling bin
- ✅ **Eco-Friendly Action:** Put bottles into the recycling bin

Recycling is a way to turn old items into new products. For example, plastic bottles can be made into fleece coats! But if you throw trash into a recycling bin, it makes the whole load too dirty to be recycled. So make sure you sort your waste carefully.

Middle

- ❌ **Harmful Action:** Eat processed food in disposable packaging
- ✅ **Eco-Friendly Action:** Eat fresh food from reusable dishes

300 million tons of plastic are made each year. That's almost as heavy as all the humans on earth. Half of this plastic is **disposable**, which means the items are thrown away after one use. What a waste! Instead of eating candy, soda, and fried food from plastic wrappers, cups, and containers, it's much healthier for your body and the planet to eat fruit, salad, and juice from dishes that can be washed and reused.

Right

- ❌ **Harmful Action:** Use disposable plastic containers
- ✅ **Eco-Friendly Action:** Use compostable paper containers

Plastic does not ever go away. Even if it breaks down into tiny pieces, it still pollutes the land and oceans for thousands of years. But paper can be composted, which means it is turned into nice, healthy soil by sun, rain, bacteria, and worms. Then, you can use that soil in your garden!

Classroom



Left

- ❌ **Harmful Action:** Use a plastic water bottle
- ✅ **Eco-Friendly Action:** Use a reusable water bottle

Every minute, a garbage truck full of plastic bottles is dumped into the ocean, where it hurts animals, birds, and fish. But if you drink from a reusable water bottle, you won't need to buy plastic water bottles, and you'll help keep the ocean clean!

Middle

- ❌ **Harmful Action:** Forget to turn off electronics when leaving the room
- ✅ **Eco-Friendly Action:** Turn off electronics when you are done

To make electricity, many power plants burn coal. This pollutes the land, water, and air. It also creates carbon dioxide, which heats up our planet and makes it too hot for many plants and animals. Remember to turn off electronics, so you'll use less electricity, and the power plants can burn less coal!

Right

- ❌ **Harmful Action:** Throw away paper after you use it once
- ✅ **Eco-Friendly Action:** Reuse paper for arts and crafts

If you reuse paper, you will need to buy less new paper. Then, we won't have to cut down as many trees to make new paper!

Spanish: Para leer esta hoja informativa en español, vaya a:

French: Pour lire cette fiche d'information en français, rendez-vous sur:

For additional info for parents and educators, go to:

<https://adventerragamesUSA.com/Guides-for-Parents/My-Eco-School/>

© 2021 by Adventerra Holdings, S.A., Via Ariosto 1, Lugano, Switzerland 6900. Adventerra™ is a registered trademark of Adventerra Holdings, S.A. All rights reserved.

Distributed by Adventerra Games North America, 10 Putnam St., Suite 2, Boston, MA 02128; tel. 617-567-1504; adventerragamesUSA.com

